

# AUTISM SUPPORT LOUTH & MEATH

Autism Support Louth and Meath is a support group for families of autistic people and autistic people themselves

## Parent Support Officer:

For help with applications or support,  
contact Trish to book a meeting  
or

Join our **Autism Support Louth & Meath** private Facebook Page

 [Trish@autismsupportlouth.com](mailto:Trish@autismsupportlouth.com)

 **086 078 7356**

## What we do:

- Parent Support Groups and Coffee Mornings
- Weekly Youth Clubs and After School Activities
- Sibling Workshops
- Seasonal Camps
- Training Courses and Information Talks
- Provide Information and Advocacy
- Lobby locally and nationally on autism and disability issues
- Provide a network of parents and families who can support and help each other
- Lots of fundraising to support our activities!

## Storyboards:

Storyboards or “social stories” are learning tools used to help people with autism and/or sensory issues deal with anxiety in everyday life. Storyboards are a plain English visual guide that walks them through the different aspects of the business, any specific actions they need to take as well as signposting any important on-site locations such as bathrooms, receptions, counters etc. visual guides. They list out the exact steps that are taken when performing everyday tasks or going to new places.

We have a free library of social stories available to view and use on our website.

 [Kate@autismsupportlouth.com](mailto:Kate@autismsupportlouth.com)

## More info:

 [autismsupportlouth.com](http://autismsupportlouth.com)

 [info@autismsupportlouth.com](mailto:info@autismsupportlouth.com)

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