

AUTISM SUPPORT LOUTH & MEATH

Autism Support Louth and Meath is a support group for families of autistic people and autistic people themselves

Parent Support Officer:

For help with applications or support,
contact Trish to book a meeting
or

Join our **Autism Support Louth & Meath** private Facebook Page

 **Trish@autismsupportlouth.com**

 **086 078 7356**

What we do:

- Parent Support Groups and Coffee Mornings
- Weekly Youth Clubs and After School Activities
- Sibling Workshops
- Seasonal Camps
- Training Courses and Information Talks
- Provide Information and Advocacy
- Lobby locally and nationally on autism and disability issues
- Provide a network of parents and families who can support and help each other
- Lots of fundraising to support our activities!

Storyboards:

Storyboards or “social stories” are learning tools used to help people with autism and/or sensory issues deal with anxiety in everyday life. Storyboards are a plain English visual guide that walks them through the different aspects of the business, any specific actions they need to take as well as signposting any important on-site locations such as bathrooms, receptions, counters etc. visual guides. They list out the exact steps that are taken when performing everyday tasks or going to new places.

We have a free library of social stories available to view and use on our website.

 **Elsa@autismsupportlouth.com**

 **086 176 4095**

More info:

 autismsupportlouth.com

 info@autismsupportlouth.com

 **18 the Workspace Centre, Mayoralty Street, Drogheda, Co. Louth. A92 RK4G**